Ademetionine is comparable to NSAIDs in activated gonarthrosis

The numbers of patients with rheumatic diseases are increasing but treatment remains less than satisfactory so alternatives to NSAIDs are required. A 6-week double-blind trial conducted in 40 patients with activated gonarthrosis indicated, however, that while ademetionine had comparable overall efficacy and onset of action to naproxen, the beneficial effects of ademetionine plateaued at 4 weeks whereas naproxen produced continued improvement.

There was also a non-significant trend for naproxen to be better tolerated than ademetionine. The place of ademetionine in the therapy of rheumatic diseases needs further evaluation in controlled trials.