

Role of P-170 Glycoprotein in Colchicine Brain Uptake

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To study the role of P-glycoprotein (P-gp) in the delivery of colchicine from blood to brain, the pharmacokinetics of colchicine in plasma and brain was studied in the rat by an *in vivo* method and by the *in situ* brain perfusion technique. Colchicine was administered intravenously at three doses (1, 2.5, and 5 mg/kg) with or without an inhibitor of P-gp, verapamil (0.5 mg/kg IV); blood and brain samples were taken at $t = 1, 2,$ and 3 hr. Areas under the colchicine curve at doses from 2.5 to 5 mg/kg were proportional to dose for plasma but not for brain. At a colchicine dose of 5 mg/kg, verapamil co-treated rats showed a 1.65-fold enhancement of the colchicine concentration in plasma but a 4.5-fold enhancement in brain. During short experimental times (*in situ* brain perfusion technique), a comparable enhancement was found (4.26-fold): mean distribution volumes of colchicine were enhanced from 0.23 ± 0.17 to 0.98 ± 0.19 $\mu\text{l/g}$ for the eight gray areas, and no effect was observed in the choroid plexus, which do not express P-gp. These results clearly show that P-gp, present at the luminal surface of the capillary endothelial cells, is responsible for the weak penetration of colchicine into the brain. *J. Neurosci. Res.* 49:80–88, 1997. © 1997 Wiley-Liss, Inc.

Key words: blood-brain barrier; colchicine; P-glycoprotein; pharmacokinetics; verapamil

INTRODUCTION

Cells that express the P-170 glycoprotein (P-gp), a transmembrane ATP-dependent protein, specifically prevent the cellular penetration of several drugs. This energy-dependent efflux pump, a product of the multidrug resistance (MDR) gene, was first described as one of the main supports of the multidrug resistance phenomenon observed with a large group of cytotoxic compounds, such as anthracyclines, vinca alkaloids, the epipodophyllotoxins, and paclitaxel, in cancer chemotherapy (Gottesman and Pastan, 1993).

P-gp is present in cells that acquire resistance to cytotoxic drugs after previous exposure and also in several normal types of epithelial and endothelial tissues that have secretory and excretory functions. P-gp is maximally expressed at the luminal surface of the endo-

thelium forming the blood-brain barrier (BBB; Cordon-Cardo et al., 1989; Tsuji et al., 1992) and may be partially responsible for the limited brain uptake of cytotoxic drugs. This limited brain penetration could also concern colchicine, a natural alkaloid that is a potent inhibitor of cellular mitosis and that is neurocytotoxic (when given intracerebrally, since the low passage across the BBB is not sufficient to cause cytotoxicity; Desrayaud et al., 1996).

Earlier studies showed that colchicine interacts with P-gp in different cellular models, including immortalized cell line of rat brain endothelial cells (RBE4, e.g., Begley et al., 1996), and a few *in vivo* studies have reported low brain colchicine levels in different species in spite of its highly lipophilic nature (Bennett et al., 1981; Begley and Evans, 1992).

To study the role of P-gp as one of the possible barriers to the brain uptake of colchicine, we measured the colchicine concentration at variable times and doses in plasma and total brain homogenate with an *in vivo* technique and with the *in situ* brain perfusion technique the colchicine uptake in several cerebral regions following IV administration. Similar experiments were performed both in rats receiving colchicine alone and in others receiving colchicine and verapamil simultaneously. Verapamil is a calcium channel blocker that has been found to antagonize multidrug resistance in a variety of cell lines and in *in vivo* tumor models (Ford and Hait, 1990). Verapamil was co-administered with colchicine, which crosses the BBB poorly to investigate the role of P-gp in the limitation of colchicine transport into the brain.

MATERIALS AND METHODS

Chemicals

^3H -colchicine (ring C; methoxy- ^3H , 39 Ci/mmol) and [^{14}C]sucrose (0.442 Ci/mmol) were obtained from

This study is dedicated to Nicolas Drion, who, at age 27 years, died on July 8, 1996, in a mountaineering accident. He was the inspiration for this work that we are continuing in his memory.

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Du Pont-New England Nuclear (Les Ulis, France) and were used as tracer. Colchicine and verapamil hydrochloride were obtained from Sigma (St-Quentin Fallavier, France). Stock solutions (colchicine 5 mg/ml, verapamil 0.5 mg/ml) in 0.9% NaCl were prepared before each experiment. All other chemicals were of pure grade.

Animals

Adult male rats (Sherman, 250–350 g), received standard chow (Iffa-Credo) ad libitum under isothermal conditions with a 12-hour light-dark cycle.

Brain and Plasma Colchicine Pharmacokinetics

In vivo method. Three to five rats were used for each time point. Animals were anesthetized with pentobarbital (50 mg/kg). The first group received colchicine solution (1 ml) by slow IV injection in the femoral vein at three different doses of 1, 2.5, or 5 mg/kg. The second group received colchicine solution at the same concentration and simultaneously verapamil at 0.5 mg/kg; this dose was chosen because of the long experimental time and the cardiac toxicity of verapamil. Rats were decapitated 60, 120, and 180 min after injection, and blood was immediately collected in heparinized tubes. The samples were centrifuged at $3,000\times g$ for 10 min. Plasma was separated from cellular components and stored at -30°C until analysis. Brains were quickly removed and homogenized in PBS (50% w/v) by using a Potter-Elvehjem homogenizer at $1,000\times g$. The brain tissue homogenates were centrifuged at $20,000\times g$ in a Sorvall SW 34. The pellet was discarded, and the nonsedimentable aqueous soluble fraction was removed and frozen at -30°C .

Colchicine concentrations in plasma and brain tissues were determined by radioimmunoassay as previously described (Scherrmann et al., 1980). Several colchicine metabolites were assayed for cross-reactivity at concentrations in the range of the calibration curve from 0.15 to 10 ng/ml, i.e., 2-demethylcolchicine, 3-demethylcolchicine, lumicolchicine, and *N*-desacetylcolchicine. They yielded apparent colchicine concentrations of less than 0.15 ng/ml, which is the lower limit of the assay. The lowest metabolite concentration able to yield apparent colchicine (0.15 ng/ml) is observed at 50 ng/ml for 2-demethylcolchicine (Chappey et al., 1993).

The area under the plasma or brain concentration curves was calculated by linear interpolation from time 1 to 3 hr by applying the trapezoidal rule (Yeh and Kwan, 1978).

Results are means \pm SEM. Values were compared by using Fisher's *f*-test, followed by the Mann-Whitney nonparametric test or Student's *t*-test.

In situ brain perfusion technique. We used the in situ brain perfusion technique of Takasato et al., 1984,

as modified by Smith et al., 1990. Rats were deeply anesthetized with pentobarbital (50 mg/kg). The right pterygopalatine and occipital arteries were electrocoagulated and the right external carotid was ligated. A tight ligature was placed on the heart side of the right common carotid artery, which was fitted with a polyethylene catheter (internal diameter of 0.58 mm; Biotrol, France) filled with heparinized 0.9% sodium chloride solution (2 mg/ml of heparin; Prolabo, France).

The perfusion fluid was a HCO_3^- buffered saline solution filtered through a 0.22- μm acetate cellulose filter and containing (in mM) 2.4 $\text{NaH}_2\text{PO}_4 \cdot \text{H}_2\text{O}$, 4.2 KCl, 24.0 NaHCO_3 , 128.0 NaCl, 1.5 $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$, 0.9 MgSO_4 , and 9 D-glucose, added prior to infusion. The solution was oxygenated for 3 min with 75% N_2 , 20% O_2 , 5% CO_2 (pH 7.40 ± 0.05). Tracers were added to perfusates at concentrations of 0.3 $\mu\text{Ci/ml}$ for ^{14}C -sucrose and 1.5 $\mu\text{Ci/ml}$ for ^3H -colchicine. Each perfusate was equilibrated at 37°C in a water bath.

Rats were divided into two groups and pretreated intravenously 5 min before perfusion as follows: one with 0.5 ml of 0.9% NaCl and one with verapamil (1 mg/kg) dissolved in 0.5 ml of 0.9% NaCl; 1 mg/kg was used because perfusion time was very short (20 sec) compared with the in vivo experiments (1–3 hr).

The thorax of the animal was opened, the heart was cut, and perfusion was started with a flow rate of 5.0 ml/min. It was terminated by decapitation of the rat at 20 sec, with a 5-sec correction for the time for the perfusion to reach the cerebral hemisphere and the brain removed from the skull. The leptomeninges and subarachnoid vessels were removed, and the brain was dissected on ice following the procedure of Ohno et al., 1978. Nine brain areas (olfactory bulb, hypothalamus, frontal, parietal and occipital cortex, striatum, hippocampus, thalamus, and choroid plexus) were dissected from the right cerebral hemisphere, placed in preweighed vials, and weighed. Samples were digested for 2 hr at 60°C in toluene-350 (Packard, Rungis, France); 10 ml of scintillation cocktail (Pico-fluor, Packard) was added, and dual label counting was performed (Beckman LS9000 liquid scintillation counter, Beckman instruments, Fullerton, CA).

Colchicine uptake was expressed as the distribution volume (V_d in $\mu\text{l/g}$) defined as the ratio between the radioactivity expressed in dpm of tracer per gram of brain (Q_{tis}), and dpm/ml in the perfusate saline or plasma (C_p):

$$\text{distribution volume} = Q_{\text{tis}}/C_p$$

The residual vascular tracer in tissue samples was subtracted from all tissue samples as:

$$Q_{\text{tis}} = Q_{\text{tot}} - V_v C_p$$

where Q_{tot} is the total quantity of tracer in samples, V_v is the vascular volume, and C_p the perfusate tracer concen-

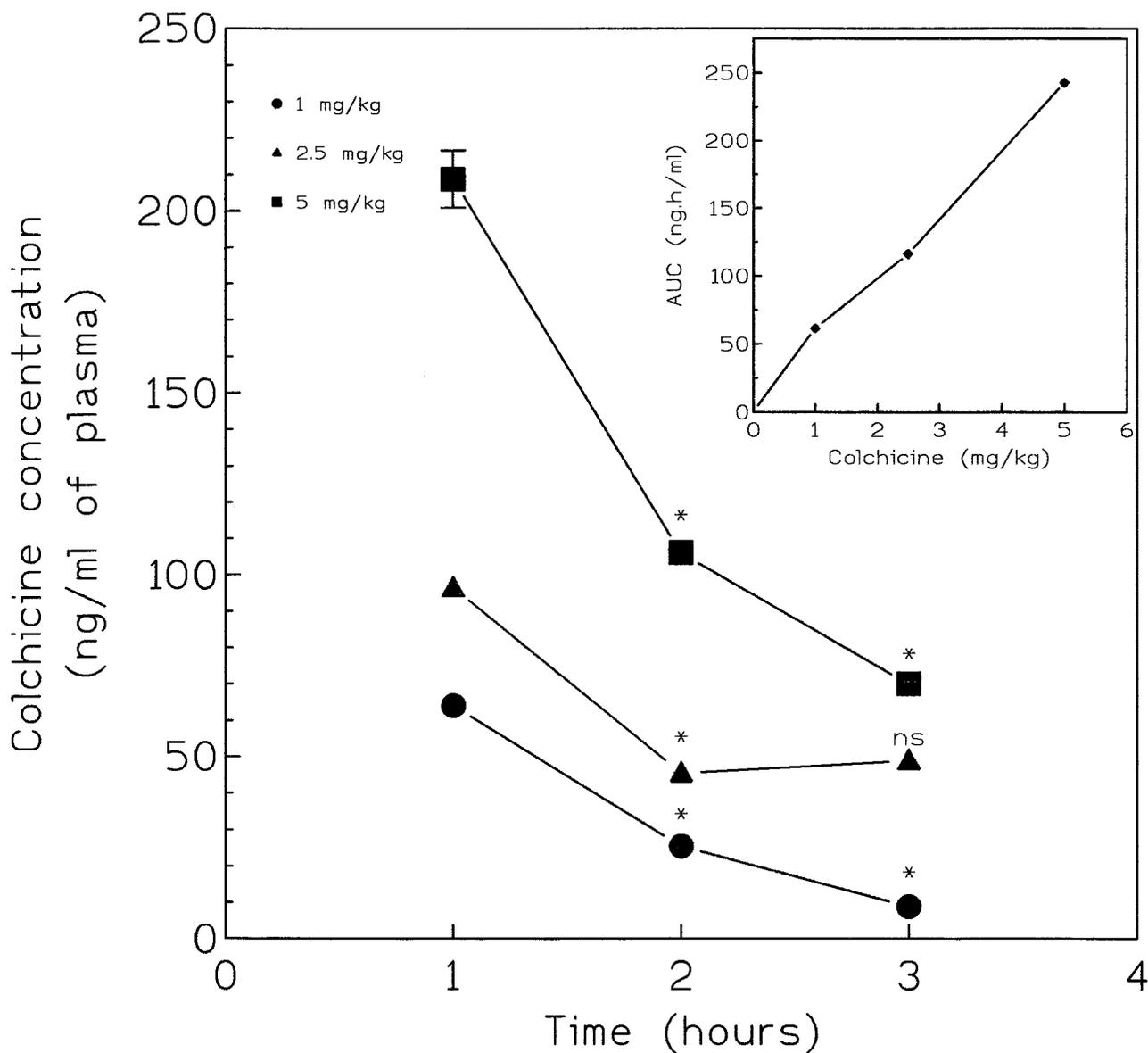


Fig. 1. Plasma concentration-time profile of colchicine after IV injection of three different doses of colchicine (1, 2.5, and 5 mg/kg). Values are means \pm SEM of three to five independent experiments. * $P < 0.05$; ns, not significant difference, $P > 0.05$

compared with the plasma colchicine concentration at $t - 1$ hr for the same dose of injected colchicine. **Inset:** Areas under the curve (AUC_{1-3h}) of the plasma concentration-time profile, according to the three injected doses of colchicine.

tration; the vascular volume was evaluated by the sucrose space and calculated by the ratio between radioactivity of ^{14}C -sucrose (expressed in dpm of sucrose per gram of brain) and the perfusate sucrose concentration (Blasberg et al., 1983).

All experiments were performed on five rats. Data are expressed as the mean value of the eight gray areas.

All values are the means \pm SEM. Values were compared by analysis of variance, followed by the Newman-Keuls procedure or Student's t -test.

RESULTS

Figures 1 and 2 show the plasma and brain colchicine disposition over 1–3 hr following intravenous administration. Colchicine disposition was linear in plasma within the range of the three doses as the AUC_{1-3} (area under the curve) were proportional to the dose, whereas a nonlinear increase in the brain colchicine AUC_{1-3} was observed, suggesting that brain colchicine distribution might be saturable. This hypothesis was confirmed with the

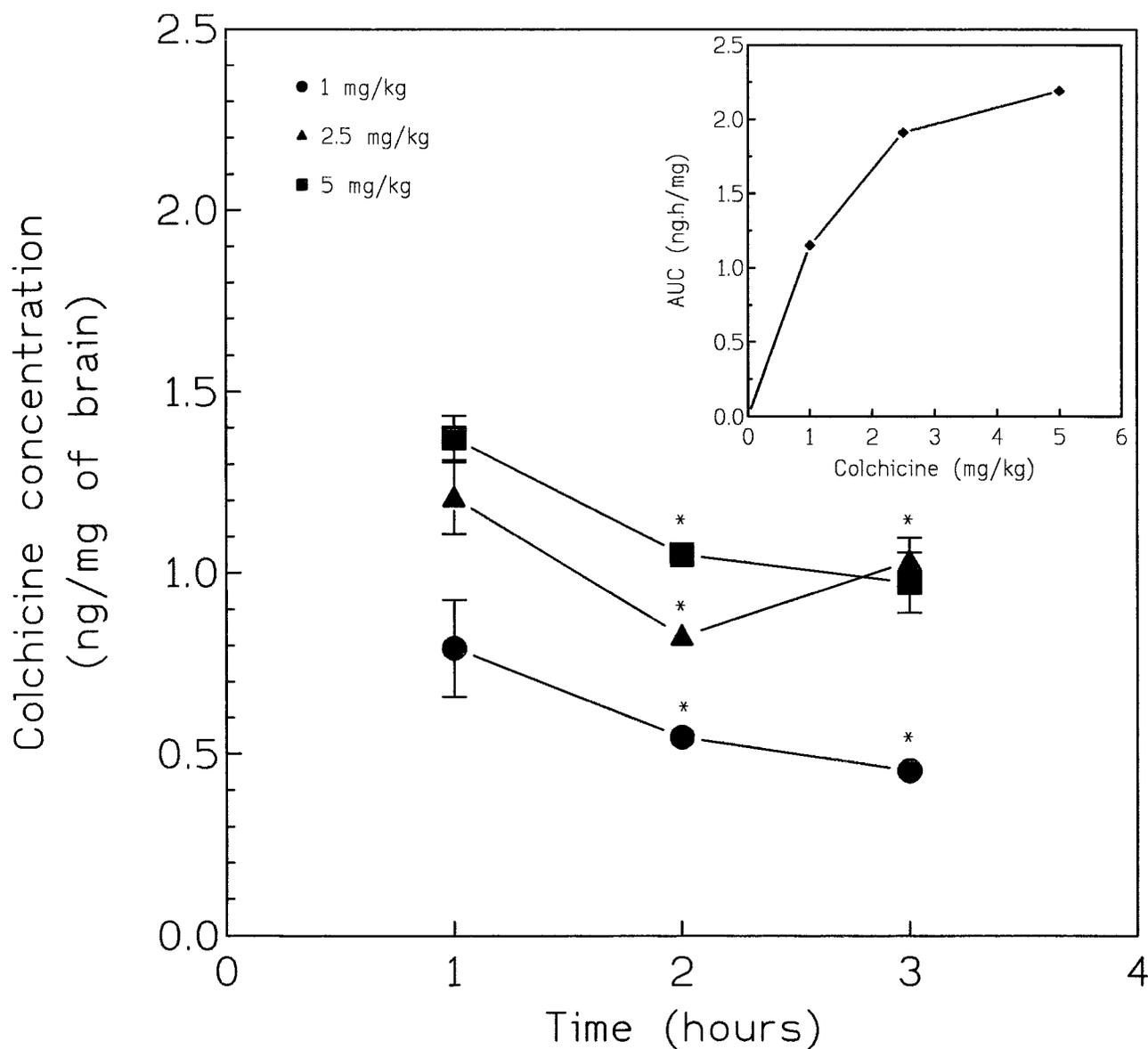


Fig. 2. Brain concentration-time profile of colchicine after IV injection of three different doses of colchicine (1, 2.5, and 5 mg/kg). Values are means \pm SEM of three to five independent experiments. * $P < 0.05$ compared with the brain colchicine concentration at $t = 1$ h for the same dose of injected colchicine. **Inset:** Areas under the curve (AUC_{1-3h}) of the brain concentration-time profile, according to the three injected doses of colchicine.

verapamil co-treated group. Verapamil increased cerebral colchicine concentration (Fig. 3): at 2.5 mg/kg colchicine, the increase was 1.16-fold in plasma (from 96.44 ± 2.53 to 112.05 ± 0.54 ng/ml, $P < 0.05$) and 1.75-fold in brain (from 1.21 ± 0.10 to 2.11 ± 0.01 ng/mg, $P < 0.05$); at 5 mg/kg colchicine, the increase was 1.65-fold in plasma (from 208.71 ± 7.83 to 343.67 ± 19.15 ng/ml, $P < 0.05$) and 4.5-fold in brain (from 1.372 ± 0.061 to 6.179 ± 0.155 ng/mg, $P < 0.05$). The previous nonlinear brain uptake of colchicine was abolished by the coadministra-

tion of verapamil, suggesting that the inhibition of the P-gp by verapamil at the BBB interface allows the diffusion of colchicine through the endothelium.

This effect of verapamil at the BBB was confirmed with the in situ brain perfusion technique. Pretreatment with verapamil increased the distribution volume of colchicine after 20 sec of perfusion in all eight gray areas ($P < 0.01$), with mean values of 0.23 ± 0.17 μ l/g for 0.9% NaCl pretreated rats and 0.98 ± 0.19 μ l/g for verapamil pretreated rats (Fig. 4). Colchicine distribution

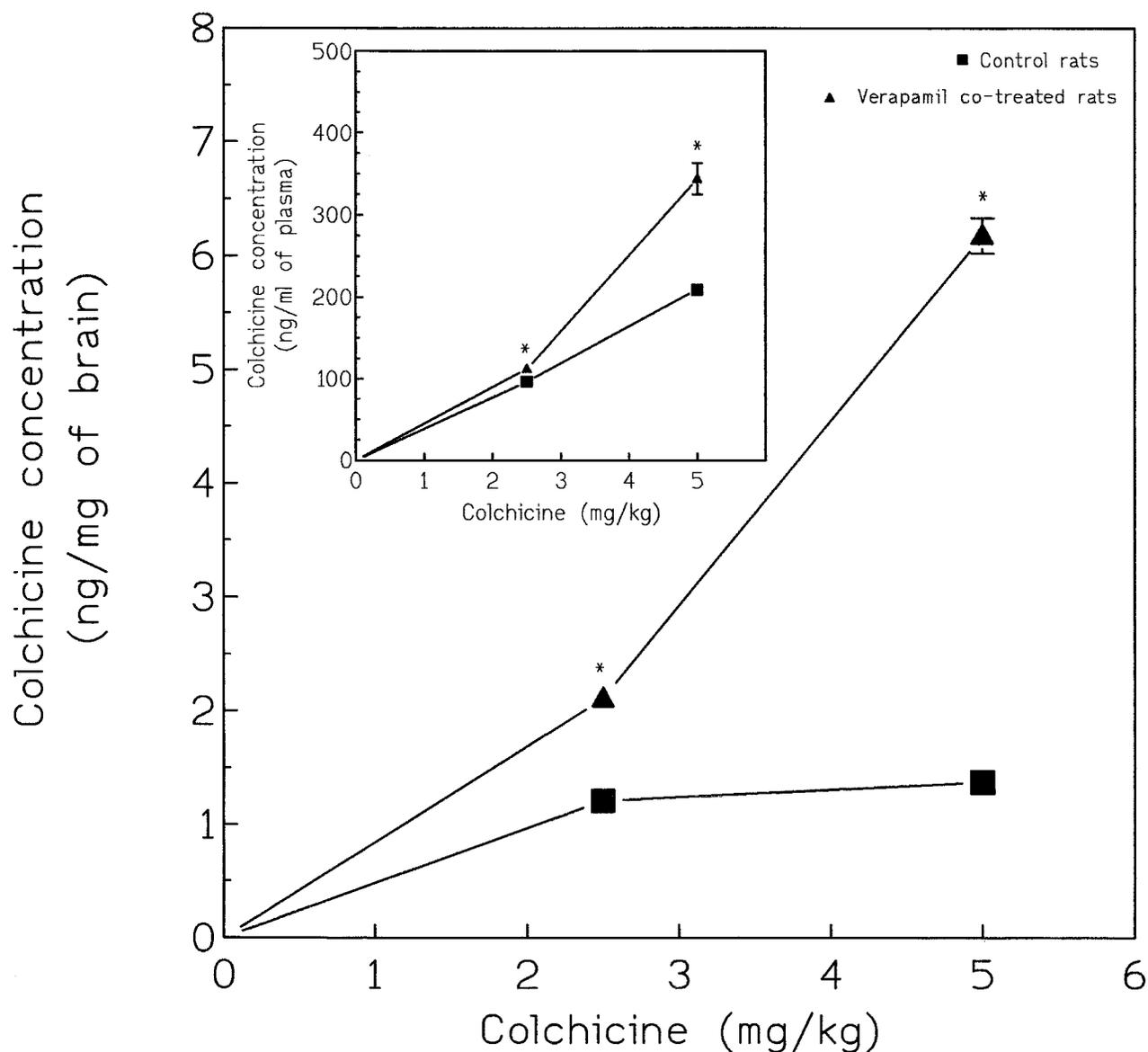


Fig. 3. Brain concentration of colchicine, according to two IV injected doses of colchicine (2.5 and 5 mg/kg), with or without coadministration of verapamil (0.5 mg/kg IV). Values are means \pm SEM of three to five independent experiments. * $P < 0.05$ compared with the brain colchicine concentration in nonverapamil co-treated rats, for the same dose of injected colchicine. **Inset:** Plasma concentration of colchicine, accord-

ing to two IV injected doses of colchicine (2.5 and 5 mg/kg), with or without coadministration of verapamil (0.5 mg/kg IV). Values are means \pm SEM of three to five independent experiments. * $P < 0.05$, compared with the plasma colchicine concentration in nonverapamil co-treated rats for the same dose of injected colchicine.

volume was considerably greater in the choroid plexus ($325.6 \pm 35.9 \mu\text{g/g}$ in control rats, $277.8 \pm 24.6 \mu\text{g/g}$ in verapamil pretreated rats) than in the gray areas ($P < 0.001$) and was not influenced by the verapamil pretreatment (Fig. 4).

DISCUSSION

For many years, the multidrug resistance phenomenon in cancer chemotherapy has in great part been

attributed to the presence of an ATP-dependent efflux pump in the cell membrane, which is able to reduce intracellular concentrations of several cytotoxic drugs (Kartner and Ling, 1989; Pinedo and Giaccone, 1995). This pump was termed P-170 glycoprotein and, more recently, also has been characterized in several normal epithelial cells and in capillaries of the central nervous system, testes, and papillary dermis (Cordon-Cardo et al., 1989). P-gp is expressed at the luminal surface of the

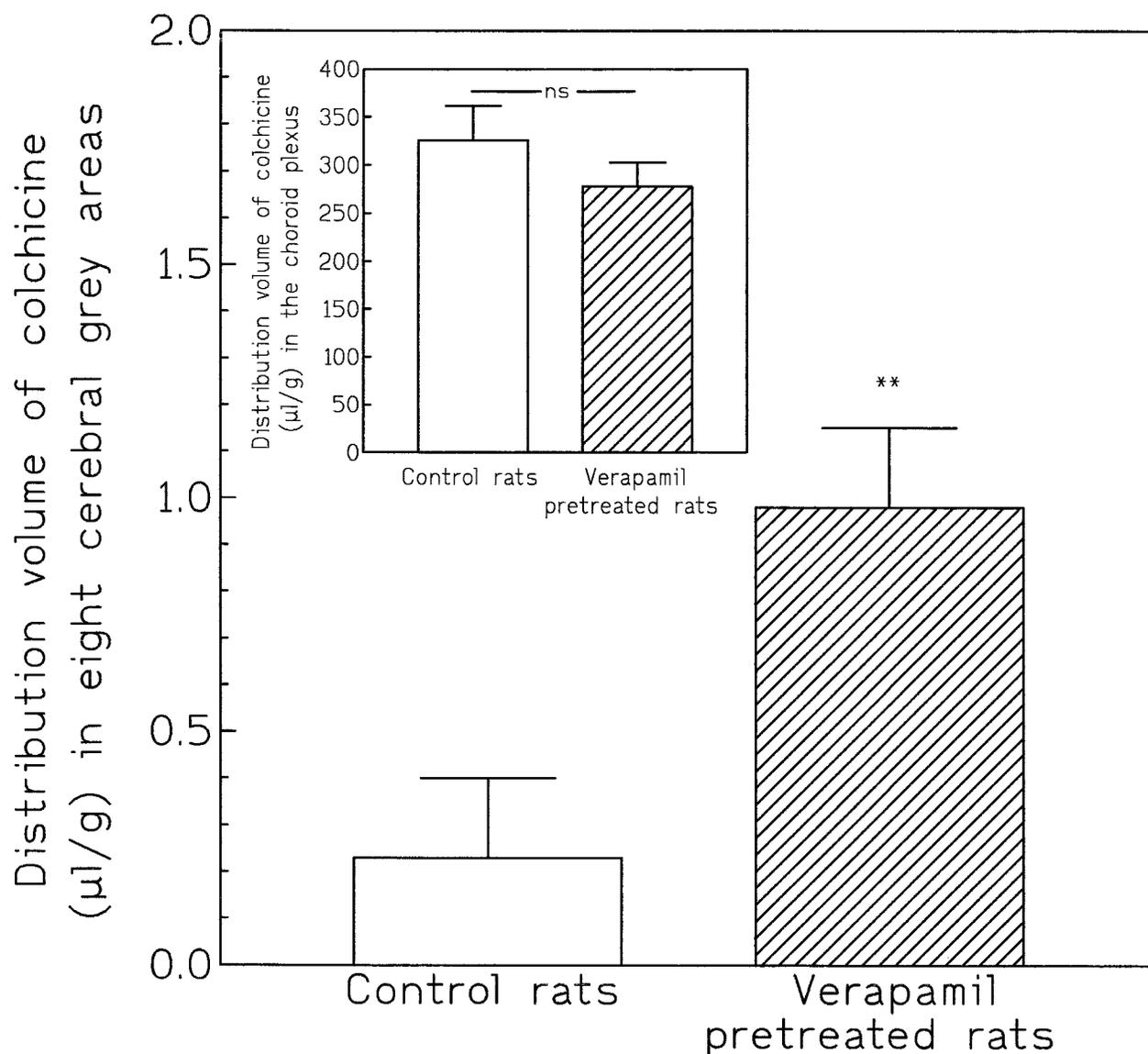


Fig. 4. Distribution volume of colchicine in eight gray areas of rat brain after 20 sec of perfusion (in situ brain perfusion technique). Rats were previously pretreated intravenously with either 0.9% NaCl (control) or verapamil (1 mg/kg). Values are means \pm SEM of five independent experiments. ** $P < 0.01$ compared with the control group. **Inset:** Distribution volumes of colchicine in the choroid plexus of rat brain after 20 sec of

perfusion. Rats were pretreated intravenously with either 0.9% NaCl (control) or verapamil (1 mg/kg). Values are means \pm SEM of five independent experiments. ns, no significant difference between NaCl and verapamil-pretreated groups. Difference between the distribution volumes in choroid plexus and in gray areas is $P < 0.001$.

endothelial cells of the BBB (Cordon-Cardo, 1989; Tsuji et al., 1992; Tatsuta et al., 1992) and is also present in the liver at the biliary canalicular surface (apical plasma membrane of hepatocytes) (Thiebault et al., 1987; Kamimoto et al., 1989) and in the kidney at the brush border of proximal tubules (Fojo et al., 1987; Thiebault et al., 1987). Although the tissue expression is dependent on the gene specificity (in the rat, high expression of mdr2

mRNA in liver, lower in brain; high expression of mdr1b mRNA in liver, and lower in kidney; Silverman et al., 1991; Brown et al., 1993), the pharmacokinetic effect tends frequently toward drug detoxification processes, such as facilitation of drug elimination by active biliary excretion (Speeg et al., 1992a) or renal tubular secretion (Speeg et al., 1992b; De Lannoy et al., 1994). The P-gp function might also affect drug pharmacokinetics and

especially brain penetration of P-gp interacting drugs. Several studies have used *in vitro* models based on primary cultures of bovine cerebral capillary endothelial cells (Lechardeur and Scherman, 1995), RBE4 immortalized cultures (Begley et al., 1996), or isolated brain capillaries (Jette et al., 1995) and have shown that inhibition of drug penetration into the brain can be suppressed by the addition of chemical compounds, such as verapamil and cyclosporine (El Hafny et al., 1997), which antagonize the effect of P-gp. However, these *in vitro* techniques cannot predict what the *in vivo* role of P-gp might be in the reduction of the brain bioavailability of the drug. Few studies concern this domain (Begley et al., 1992; Habgood et al., 1996).

To investigate the role of P-gp, we selected colchicine, which interacts with P-gp and crosses the BBB poorly, and chose verapamil as P-gp inhibitor. Two complementary rat models were used. The first is based on a classical pharmacokinetic study of plasma and brain levels, with and without P-gp inhibitor; the second is the *in situ* brain perfusion technique, which specifically explores drug transfer into the brain, whereas the first integrates the effects of P-gp in each part of the body where it is expressed. Plasma and brain concentrations in the *in vivo* technique were measured by a specific radioimmunoassay that is not interfered with by colchicine metabolites. This permits comparison with data from the *in situ* technique, which used tritiated colchicine but over a very short time of 20 sec, excluding the possible interference of metabolites or tritiated water, which occurs in longer pharmacokinetic protocols. Doses of verapamil higher than 0.5 mg/kg were not used in the *in vivo* approach because of its cardiotoxicity in the rat and previous experiments had shown that the simultaneous administration of colchicine and verapamil was the more efficient protocol (unpublished). Finally, we found no influence of the perfusion medium (buffer or plasma) on brain uptake with the *in situ* brain perfusion technique (data not shown), and data were expressed as the average value of the eight gray areas because no significant differences in the uptake of colchicine with or without verapamil were observed as also previously reported (Drion et al., 1996).

The *in vivo* pharmacokinetic study used three doses of colchicine to evaluate the pharmacokinetic linearity of colchicine disposition in plasma and brain. In contrast to plasma, where colchicine concentrations were proportional to the dose, a nonlinear brain colchicine uptake was observed, which indicated the existence of saturable processes in the blood to brain transport of colchicine. The fact that coadministration of verapamil restored the linearity of the colchicine brain distribution suggested that P-gp was involved. The interaction between P-gp and

verapamil at the BBB level was proved by using the *in situ* brain perfusion technique. Pretreatment with verapamil increased the colchicine brain uptake. Transport was increased in a very similar manner, using the two techniques, by a factor of 4.5 with the *in vivo* approach and 4.26 with the *in situ* brain perfusion technique. This demonstrates clearly that the effect occurs at the BBB level and that P-gp inhibits brain uptake of colchicine.

Nevertheless, our study does not completely show that verapamil effectively increases the penetration of colchicine into the brain. The increased transport observed with both techniques also might result from an increased uptake of colchicine within the endothelial cells themselves. Therefore, a more recent *in vivo* study with simultaneous plasma and brain microdialysis in rat shows that the blockade of P-glycoprotein by SDZ PSC-833 (an analog of cyclosporine) results in the increase of the brain extracellular concentration of colchicine (Desrayaud et al., 1997).

The distribution volume of colchicine in choroid plexus was greater than in the eight gray areas, and there was no enhancement of this distribution volume following verapamil treatment. Choroid plexus is a cerebral zone without a blood-brain barrier: there is a free movement of substances across the endothelial cells through fenestrations and intercellular spaces, in contrast to the limited diffusion of solutes across brain capillary endothelial cells characterized by tight junctions. The blood-cerebrospinal fluid barrier at the choroid plexus consists of epithelial cells that are joined together by tight junctions (Van Deurs and Koehler, 1979). Thus, passage of colchicine through the capillaries occurs in this area. Moreover, no P-gp expression has been found in the choroid plexus (Cordon-Cardo et al., 1989).

However, in spite of verapamil pretreatment, the increase in colchicine uptake in the eight gray areas still remains low compared with other compounds, such as imipramine, cocaine, and diazepam, that have comparable lipophilicity (colchicine $\log P = 2.52$; Matsuyama et al., 1989) but a 100-fold greater penetrance across the BBB (Levin, 1980). We suggest that P-gp is either partially inhibited (difficulty of fully saturating P-glycoprotein, especially under *in vivo* conditions) or not the only barrier to colchicine.

Furthermore, interpretation of the *in vivo* data showed the interest of the simultaneous measurement of plasma and brain drug concentrations. For example, colchicine clearance is known to depend highly on its biliary excretion (Sabouraud et al., 1992), and the resulting effect of verapamil is also to block P-gp in other tissues of the body, e.g., in liver and kidney, which results in reduced elimination of colchicine. These effects on colchicine clearance were confirmed in the present study

by the 1.65-fold increase in colchicine plasma levels at the dose of 5 mg/kg. This increase in plasma colchicine results in a higher gradient between blood and brain and could explain why brain uptake was higher in the verapamil group. However, because brain colchicine levels were enhanced 4.5-fold in verapamil co-treated rats, the higher brain uptake of colchicine did not result only from the increase in plasma colchicine but mainly from the P-gp inhibition at the BBB. Our data clearly indicate that *in vivo* studies limited only to the measurement of drug brain distribution would not be sufficient to show the effect of P-gp and that the overall processes of distribution and clearance of a P-gp interacting drug must be considered before evaluating the influence of P-gp at the BBB interface. Moreover, the combination of the *in vivo* investigation with the *in situ* brain perfusion technique enables the mechanisms at the BBB to be understood and excludes the interference of P-gp from other tissues involved in drug clearance.

In conclusion, our data established a close relationship between an *in vivo* approach and the *in situ* brain perfusion technique and showed the role of P-gp in colchicine transport into the brain.

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