

PHARMACOKINETICS AND DRUG DISPOSITION

Disposition and sterol-lowering effect of ezetimibe are influenced by single-dose coadministration of rifampin, an inhibitor of multidrug transport proteins

Background and Aims: The disposition and sterol-lowering effect of ezetimibe are associated with long-lasting enterosystemic circulation, which is initiated by secretion of ezetimibe and its glucuronide via intestinal P-glycoprotein (P-gp) (*ABCB1*) and the multidrug resistance-associated protein 2 (MRP2) (*ABCC2*) into gut lumen. Hepatic uptake and secretion may contribute to recycling. To obtain deeper insight into the intestinal and hepatic processes, the disposition of ezetimibe was studied in the presence of rifampin (INN, rifampicin), a modulator of P-gp, MRP2, and hepatic organic anion (uptake) transporting polypeptides (OATPs) (*SLCOs*).

Methods: The disposition of ezetimibe (20 mg orally) alone and after coadministration of rifampin (600 mg orally) was measured in a crossover study of 8 healthy subjects with the *SLCO1B1* *1a/*1a genotype. Concentrations of ezetimibe and its glucuronide in serum, urine, and feces, as well as cholesterol, lathosterol, and the plant sterols campesterol and sitosterol in serum, were quantified by use of liquid chromatography and gas chromatography with mass spectrometric detection.

Results: After rifampin administration, the maximum serum concentrations of ezetimibe and its glucuronide were significantly elevated (12.0 ± 4.20 ng/mL versus 4.67 ± 2.72 ng/mL, $P = .017$, and 282 ± 73.8 ng/mL versus 107 ± 35.3 ng/mL, $P = .012$, respectively). The area under the curve of ezetimibe was not affected (102 ± 37.6 ng · h/mL versus 140 ± 86.3 ng · h/mL, $P =$ not significant), whereas that of the glucuronide was markedly increased (2150 ± 687 ng · h/mL versus 1030 ± 373 ng · h/mL, $P = .012$). Renal clearance remained unchanged. Fecal excretion of ezetimibe was markedly decreased (7.6 ± 2.2 mg versus 10.4 ± 1.8 mg, $P = .036$), whereas renal excretion of the glucuronide was strongly elevated (4.8 ± 1.9 mg versus 2.0 ± 1.2 mg, $P = .049$) after coadministration. The onset of a significant sterol-lowering effect of ezetimibe was significantly shortened by rifampin coadministration.

Conclusions: Coadministration of rifampin increases the maximum serum concentrations of ezetimibe but reduces its enterosystemic recycling, most likely by inhibition of the secretion of ezetimibe and its glucuronide via P-gp and MRP2. (Clin Pharmacol Ther 2006;80:477-85.)

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Supported by the German Federal Ministry for Education and Research (grant 01ZZ0403) and a research grant from MSD Sharp & Dohme.

Received for publication June 23, 2006; accepted July 24, 2006.

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0009-9236/\$32.00

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doi:10.1016/j.cpt.2006.07.006

The availability of drugs on the site of their pharmacologic action depends, after oral administration, on the interplay between intestinal transit and disintegration of dosage forms, the regional conditions for drug dissolution, and the penetration of the intestinal absorption barrier, as well as the individual function of presystemic elimination mechanisms that may initiate recirculation pathways via the gut lumen.¹ The complexity of coincidental processes enables prediction of drug availability in receptor compartments if the location of pharmacologic action is along the absorption route. One example of a drug that acts within the absorption compartment is ezetimibe, which lowers serum cholesterol concentrations by inhibition of the sterol uptake transporter Niemann-Pick C1-like 1 protein (NPC1L1). NPC1L1 is located on intestinal brush border membranes, with the highest level of expression and cholesterol net absorption being observed in the jejunum, with lower levels in the duodenum and ileum.^{2,3} There is some evidence from in vitro investigations, even though not undisputed, that unchanged ezetimibe binds to intracellular domains of NPC1L1.^{4,5} Accordingly, the sterol-lowering effect must depend on its intracellular concentrations of brush border enterocytes.

After oral administration, ezetimibe is taken up from the gut most likely in proximal segments. A minor part of the dose occurs rapidly in blood.⁶ The major part is metabolized to a phenolic glucuronide by intestinal uridine diphosphate-glucuronosyltransferase 1A1, the overall activity of which is highest in the jejunum, the major site of sterol absorption.⁶⁻⁹ There is evidence from in vitro studies and drug interaction studies in humans that ezetimibe and its glucuronide are substrates of P-glycoprotein (P-gp) (*ABCB1*) and multidrug resistance-associated protein 2 (MRP2) (*ABCC2*).¹⁰⁻¹³ The long-lasting circulation and effect of ezetimibe are most likely a result of intestinal secretion of the glucuronide via MRP2, bacterial hydrolysis of the glucuronide in the colon, and absorption of the released parent drug into the systemic circulation, followed by distribution via the systemic circulation to the sterol-absorbing effect compartment in the entire small intestine.^{6,9} This pathway in humans generates characteristic serum concentration peaks that have resulted in our finding of bolus-like propulsion of chyme from the terminal ileum to the hydrolytic environment of the colon triggered by a meal-induced gastroileocecal reflex.¹³⁻¹⁵

We have recently shown that intestinal secretion of the glucuronide of ezetimibe by P-gp and MRP2, in healthy subjects, is the rate-determining elimination route for ezetimibe from the sterol-absorbing micro-

compartment and, in turn, for the extent of its sterol-lowering effect.¹³ Ezetimibe is also secreted into bile, as shown in bile duct-cannulated rats after intraduodenal administration of both the parent drug and the glucuronide.⁹ However, it is unknown thus far by which hepatic mechanism unchanged ezetimibe or its glucuronide (or both) is extracted from sinusoidal blood. Potential carriers for hepatic uptake of ezetimibe are members of the organic anion transporting polypeptide (OATP, *SLCO*) family, particularly the liver-specific, broad substrate spectrum-acquiring OATP1B1 (*SLCO1B1*) and OATP1B3 (*SLCO1B3*).^{16,17} Both uptake carriers are modulated in vitro by the antibiotic rifampin (INN, rifampicin).^{18,19} However, rifampin also modulates P-gp and MRP2.²⁰⁻²⁵ Therefore coadministration of rifampin is considered to be a suitable experimental tool by which to evaluate the complex presystemic disposition of ezetimibe in humans.

We hypothesized that inhibition of P-gp, MRP2, or OATPs (or some combination thereof) by rifampin may increase the availability of ezetimibe in the blood but decrease the extent of enterosystemic circulation of parent ezetimibe to the intestinal sterol-absorbing compartment and may, in turn, influence the sterol-lowering effect of the drug.

METHODS

Clinical study protocol

Subjects. We selected 8 healthy subjects with the *SLCO1B1* *1a/*1a diplotype (2 women and 6 men; age range, 22-36 years; body mass index range, 20.4-25.1 kg/m²) after confirmation of good health by medical histories, physical examinations, and routine clinical-chemical and hematologic screenings. The subjects were nonsmokers and took no medications except hormonal contraceptives (2 women). Strenuous physical activity and alcoholic beverages were not allowed from 48 hours before the first administration of study medication until the last blood sampling. Intake of products containing grapefruit, orange, and poppy seed was prohibited 7 days before the first drug administration and until the last blood sampling of the study. The study protocol was approved by the local ethical committee, and all subjects gave written informed consent. Planning and performance of the study followed the regulations of the German Medical Act and the recommendations of the International Conference on Harmonisation of Technical Requirements for Registration of Pharmaceuticals for Human Use-Good Clinical Practice (ICH-GCP) guidelines (Note for Guidance on Good Clinical Practice, CPMP/ICH/135/95, 1997).

Study protocol. The controlled, randomized, open crossover study was performed with washout periods between 14 and 16 days. After inclusion, the subjects were admitted to the clinical study unit in the evening before the respective pharmacokinetic study days. The study medication was given the next morning after overnight fasting for at least 10 hours. Either ezetimibe alone (two 10-mg fast-release tablets of Ezetrol; MSD Sharp & Dohme, Haar, Germany) or ezetimibe and rifampin (one 600-mg coated tablet of Rifa 600; Grünenthal, Aachen, Germany) were administered orally together with 200 mL tap water. Standard meals were served 5, 8, and 11 hours after administration and at 8:00 AM and 1:00 and 8:00 PM on the next day. Each subject had to eat meals of same size during both study periods. Drinking of tap water was also strongly standardized. Forearm venous blood sampling (5 mL) was done before and 0.33, 0.66, 1, 1.33, 1.66, 2, 2.33, 2.66, 3, 3.5, 4, 5, 6, 8, 10, 12, 16, 24, 36, 48, 72, and 96 hours after drug intake. Urine was collected for 5 days, and feces were collected for 10 days. Serum and aliquots of urine and homogenized feces were stored at least at -80°C until quantitative analysis.

Quantitative assay of ezetimibe

As described recently, concentrations of unchanged and total ezetimibe in serum, urine, and feces were quantified by use of a liquid chromatography–tandem mass spectrometry system consisting of an XTerra MS column (C18, 2.1×100 mm, particle size of $3.5 \mu\text{m}$; Waters, Milford, Mass) and PE Sciex API 2000 mass spectrometer (Applied Biosystems, Foster City, Calif).²⁶ The limits of quantification for serum were 0.05 ng/mL for unchanged ezetimibe and 1.0 ng/mL for total ezetimibe. The limits of quantification for urine and feces were 1.0 ng/mL and 10 ng/mL, respectively. In this study within-day and between-day accuracy for serum was within -10.1% and 5.6% and -7.3% and 6.3% , respectively, of the nominal concentrations of total and parent ezetimibe. Between-day precision in serum was 1.7% to 9.6% of mean values. For urine and feces, accuracy was -11.5% to 6.2% of nominal values, and precision was 1.4% to 10.7% of mean values.

Analysis of sterols

Cholesterol, lathosterol, and the plant sterols campesterol and sitosterol were extracted from serum after saponification and underwent derivation to trimethylsilyl ethers. Total serum cholesterol concentrations were determined by sensitive gas chromatography with flame ionization detection, which differentiates between cholesterol and side chain–substituted cholesterols, such as campe-

sterol (24-methylcholesterol) and sitosterol (24-ethylcholesterol). Serum concentrations of the cholesterol precursor lathosterol and the plant sterols campesterol and sitosterol were assessed by use of a validated gas chromatography–mass spectrometry selective ion-monitoring method as previously described.²⁷ The within-day and between-day coefficients of variation for all sterols were below 4% of the respective mean values (precision). Between-day accuracy was less than 3% of the respective nominal values. The limit of quantification was 1 mg/dL for cholesterol and 0.005 mg/dL for lathosterol, campesterol, and sitosterol.

Genotyping of OATP1B1

The subjects were genotyped for the *SLCO1B1* polymorphisms *G-11187A*, *A388G* (Asn130Asp), and *T521C* (Val174Ala) by polymerase chain reaction–restriction fragment length polymorphism analysis as described elsewhere.²⁶ Haplotype **1a* was allocated as $-11187G$, $388A$, and $521T$ as reported by Niemi et al.²⁸

Pharmacokinetic and statistical evaluation

The maximum plasma concentration (C_{max}) and time to C_{max} (t_{max}) were taken from the concentration–time curves. The area under the serum concentration–time curve (AUC) from 0 to 96 hours (AUC_{0-96}) was calculated by use of the trapezoidal rule. Renal clearance (CL_{R}) was derived from the respective cumulative amounts (A_{e}) of ezetimibe and its glucuronide excreted into the urine over the respective AUC_{0-96} .

The arithmetic or geometric means and SDs were given as appropriate. Sample differences were evaluated with the nonparametric Wilcoxon test.

RESULTS

Pharmacokinetics

For several hours, oral administration of ezetimibe alone caused fluctuating serum concentrations between about 2 and 4 ng/mL and 3 to 4 distinct peaks, of which the second after lunch was eaten (5 hours after dosing) was usually the highest. The third and fourth peaks also occurred in association with meals, at 11 hours (dinner) and 24 hours (breakfast) after drug administration (Fig 1). In contrast, in most subjects the glucuronide of ezetimibe reached a single but several-fold higher maximum in an appreciably shorter amount of time. The dominating elimination route for ezetimibe was intestinal excretion. About 60% of the ezetimibe dose was eliminated via feces; about 20% of that portion was in its glucuronide form. Approximately 10% of the dose appeared in urine in the form of the glucuronide (Table I).

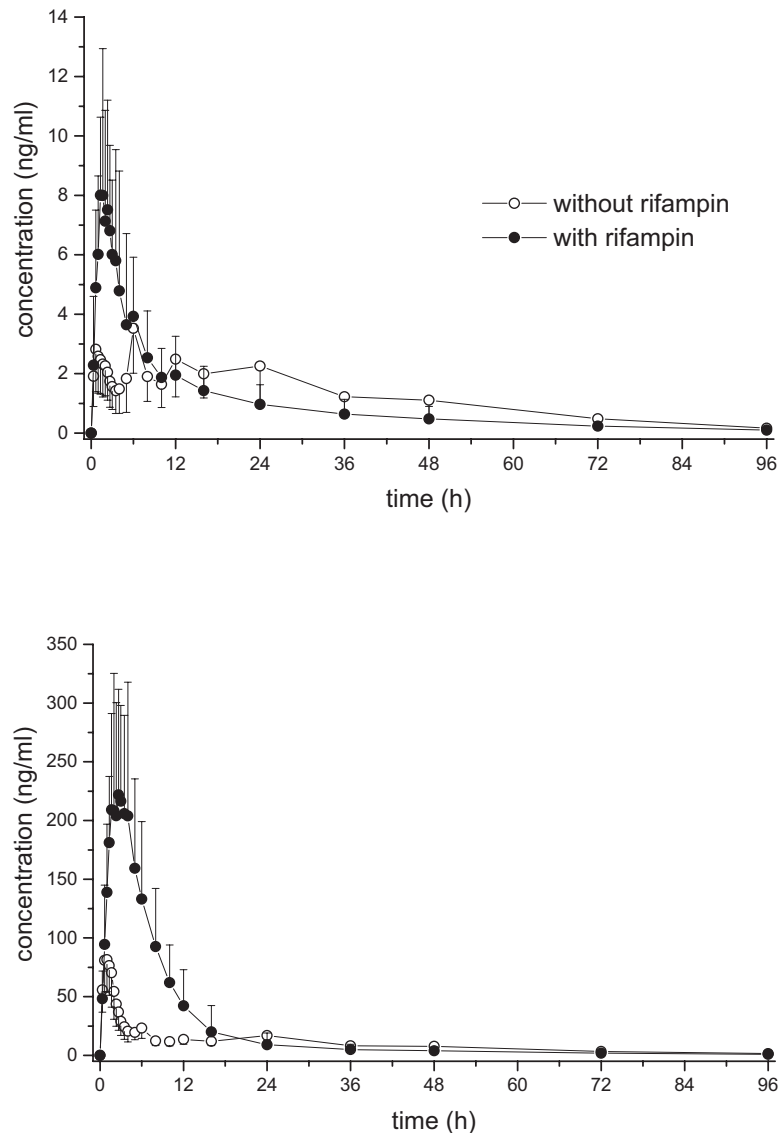


Fig 1. Serum concentration–time curves of ezetimibe (*top*) and its glucuronide (*bottom*) in 8 healthy subjects without rifampin (*open circles*) and after coadministration of 600 mg rifampin (*solid circles*). Geometric means and geometric SDs (*error bars*) are given.

After rifampin administration, maximum serum concentrations of ezetimibe and its glucuronide were significantly elevated (12.0 ± 4.20 ng/mL versus 4.67 ± 2.72 ng/mL, $P = .017$, and 282 ± 73.8 ng/mL versus 107 ± 35.3 ng/mL, $P = .012$, respectively). The area under the curve of ezetimibe was not affected (102 ± 37.6 ng · h/mL versus 140 ± 86.3 ng · h/mL, $P =$ not significant), whereas that of its glucuronide was markedly increased (2150 ± 687 ng · h/mL versus 1030 ± 373 ng · h/mL, $P = .012$). Renal clearance remained unchanged. Under the in-

fluence of rifampin, a significantly lower portion of the ezetimibe dose was excreted via feces (7.6 ± 2.2 mg versus 10.4 ± 1.8 mg, $P = .036$), whereas the amount of its glucuronide excreted via urine was more than doubled (4.8 ± 1.9 mg versus 2.0 ± 1.2 mg, $P = .049$) after coadministration (Table I).

Drug effects

The single 20-mg dose of ezetimibe produced a long-lasting cholesterol-lowering effect that was significantly different from baseline for time points later than

Table I. Pharmacokinetic characteristics of ezetimibe after single oral dose of 20 mg given either alone or concomitantly with single oral dose of 600 mg rifampin in 8 healthy subjects

	Ezetimibe		Glucuronide	
	Without rifampin	With rifampin	Without rifampin	With rifampin
AUC ₀₋₉₆ (ng · h/mL)	140 ± 86.3	102 ± 37.6	1030 ± 373	2150 ± 687 (P=.012)
C _{max} (ng/mL)	4.67 ± 2.72	12.0 ± 4.20 (P=.017)	107 ± 35.3	282 ± 73.8 (P=.012)
t _{max} (h)	4.83 ± 3.85	1.89 ± 0.90	1.12 ± 0.47	2.73 ± 1.06 (P=.012)
Ae _{feces} (mg)	10.4 ± 1.81	7.59 ± 2.22 (P=.036)	1.81 ± 2.73	0.88 ± 1.01
Ae _{urine} (mg)	0.015 ± 0.033	0.015 ± 0.014	2.04 ± 1.18	4.84 ± 1.93 (P=.049)
CL _R (mL/min)	5.40 ± 13.6	2.46 ± 2.17	38.4 ± 26.1	44.2 ± 29.2

Data are given as mean ± SD. P values indicate significance levels for comparisons to values without rifampin coadministration (Wilcoxon test). AUC₀₋₉₆, Area under serum concentration–time curve from 0 to 96 hours; C_{max}, maximum serum concentration; t_{max}, time to maximum serum concentration; Ae_{urine}, cumulative amount excreted into urine; Ae_{feces}, cumulative amount excreted into feces; CL_R, renal clearance.

48 hours after administration (Fig 2). Similar changes were found for campesterol and sitosterol (Fig 3). The effects on the ratios between campesterol and cholesterol and between sitosterol and cholesterol, which are established surrogates for cholesterol absorption, were quite similar. The ratio between lathosterol and cholesterol, a surrogate of cholesterol synthesis, was not significantly influenced by ezetimibe.

After comedication of rifampin, the onset of the plant sterol–lowering effect was generally faster; the campesterol and sitosterol serum levels and the campesterol/cholesterol and sitosterol/cholesterol ratios were already significantly different from baseline at 24 hours after administration. However, the initial ratio between lathosterol and cholesterol was also significantly lowered after rifampin coadministration (Figs 2 and 3).

DISCUSSION

In this clinical study it has been shown that coadministration of rifampin yields more than 2-fold higher serum concentrations of ezetimibe. The systemic exposure, however, remained unchanged. The serum levels and the area under the curve of the glucuronide were also increased by more than 2-fold, whereas the renal clearance remained unchanged. Consequently, a dose fraction of about 15% was also excreted in the form of the glucuronide via urine, rather than via feces, as in the absence of rifampin.

Coadministration of rifampin caused significantly faster lowering of plant sterol serum levels. The ratios between the plant sterols campesterol and sitosterol and cholesterol were used as surrogates for changes in cholesterol absorption because plant sterols, unlike cholesterol, are not endogenously formed.²⁹ On the other hand, the lathosterol/cholesterol ratio is an accepted surrogate for the influence on endogenous cholesterol synthesis.³⁰ Rifampin coadministration has ob-

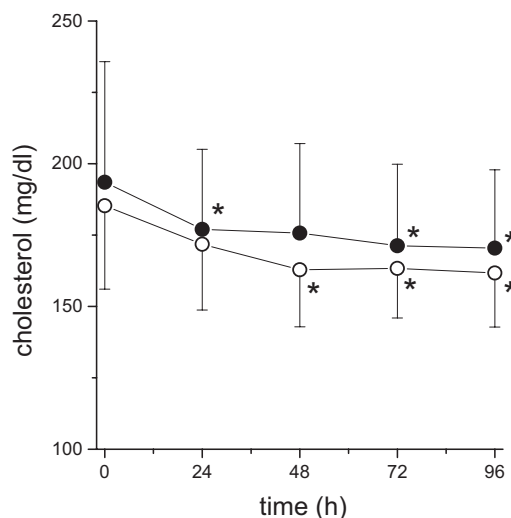


Fig 2. Serum concentrations of cholesterol after administration of 20 mg ezetimibe in 8 healthy subjects without rifampin (open circles) and after coadministration of 600 mg rifampin (solid circles). Geometric means and geometric SDs (error bars) are given. Asterisk, P < .05 for comparison with initial values (Wilcoxon test).

viously also modulated cholesterol synthesis for about 24 hours after administration. Lathosterol is the end product of a long chain of biochemical reactions, some of which are cytochrome P450–dependent.³¹ Because rifampin also modulates cytochrome P450 enzymes (eg, 3A4 and 2C8), cholesterol serum levels in our study may have been decreased by inhibition of the endogenous synthesis via lathosterol.³²

The single-dose effects of rifampin on the disposition and pharmacologic effect of ezetimibe are, to our interpretation, best explained by inhibition of the intestinal efflux of ezetimibe and its glucuronide because

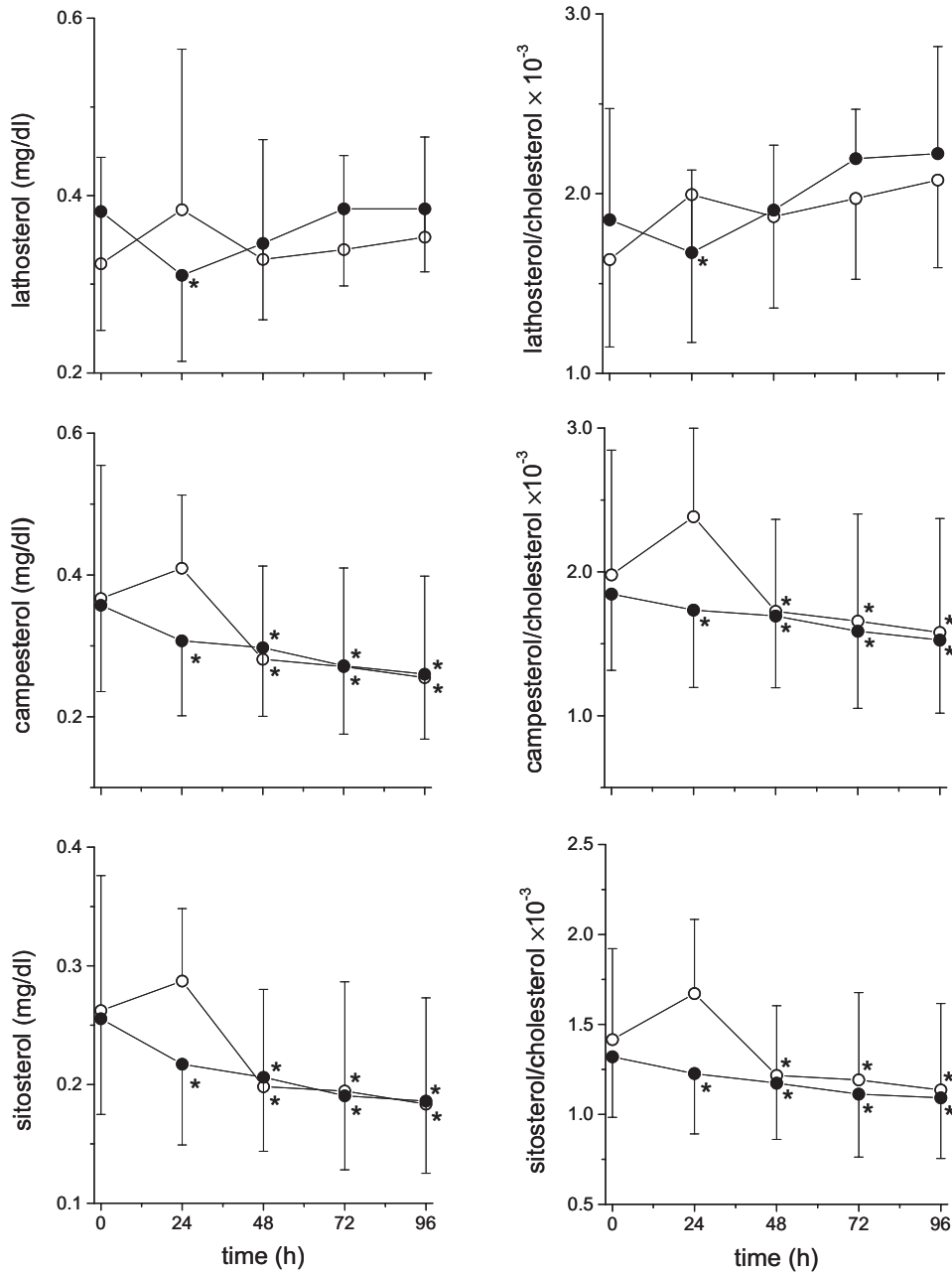


Fig 3. Serum concentrations of lathosterol, campesterol, and sitosterol (*left*) and lathosterol/cholesterol, campesterol/cholesterol, and sitosterol/cholesterol ratios (*right*) after administration of 20 mg ezetimibe in 8 healthy subjects without rifampin (*open circles*) and after coadministration of 600 mg rifampin (*solid circles*). Geometric means and geometric SDs (*error bars*) are given. Asterisk, $P < .05$ for comparison with initial values (Wilcoxon test).

rifampin is an inhibitor of P-gp and MRP2 in vitro and in animals.²⁰⁻²⁵ After oral administration of the modulator, highly active concentrations at the binding sites of P-gp and MRP2 are temporarily expected in the

absorbing enterocytes during the short absorption period. Sustained inhibition of the efflux in the sterol-absorbing receptor compartment of ezetimibe along the entire small intestine, however, seems to result from

intense enterohepatic circulation of rifampin via hepatic uptake by OATPs and biliary secretion via MRP2.^{18,19,24,25} Active intestinal secretion of rifampin may also contribute to distribution of rifampin to the sites of the intestinal efflux carriers for ezetimibe and its glucuronide.³³ However, rifampin is markedly more quickly eliminated than ezetimibe (half-life, 3-4 hours versus 20-25 hours). Furthermore, systemic availability of ezetimibe is also prolonged by the long-lasting enterointestinal circulation. Therefore single-dose rifampin may influence ezetimibe disposition only during absorption and the early phases of elimination.

On the one hand, inhibition of P-gp and MRP2 by rifampin leads to better absorption of ezetimibe and, consequently, to serum concentrations that are increased by more than 2-fold at 2 to 3 hours after oral administration. In contrast, inhibition of MRP2, the major intestinal and hepatic efflux carrier for the glucuronide, leads to interruption of the enterosystemic recycling of the active drug (ezetimibe) and, consequently, shorter residence of the drug in blood. The AUC values remain unchanged with rifampin coadministration, as shown by our data.

The nonsecreted portion of the glucuronide is available in venous blood via the portal vein, yields higher serum concentrations, and undergoes increased urinary excretion by renal filtration than in the absence of rifampin. Renal clearance is consequently not influenced; the dose fraction excreted via feces is significantly reduced, in our study by about 15%.

Despite the marked pharmacokinetic changes after rifampin administration, the sterol-lowering effect of ezetimibe has changed negligibly; the only influence was earlier onset of sterol-lowering. The recommended therapeutic dose in patients is 10 mg/d. In the presence of rifampin in our study, 20 mg is obviously still enough to produce the full, long-lasting cholesterol-lowering effect, even though the mean residence of the parent drug was markedly decreased.

In contrast to single-dose administration, long-term treatment with rifampin increases intestinal elimination associated with markedly lower serum concentrations of ezetimibe and its glucuronide and nearly abolished the sterol-lowering effects.¹³ The characteristic fluctuating concentration-time profiles remain undisturbed. The rationale behind these phenomena is, to our interpretation, acceleration of the enterosystemic circulation as caused by up-regulation of intestinal and hepatic efflux particularly of the glucuronide via MRP2 because rifampin is a ligand of the nuclear pregnane X receptor.³⁴⁻³⁶

The influence of rifampin on serum concentration-time curves of ezetimibe and its glucuronide in our single-dose study was very similar to the effects that were measured after comedication of gemfibrozil and fenofibrate. Long-term treatment of hypercholesterolemic patients with gemfibrozil (600 mg) and ezetimibe (10 mg) increased plasma concentrations of ezetimibe and its glucuronide without changing the characteristic meal-associated fluctuations.¹² A similar influence was obtained with comedication of fenofibrate, though to a lower extent, which was not of statistical significance in the case of the parent drug (ezetimibe).¹¹ Gemfibrozil and polysorbate 80, which were part of the tested gemfibrozil formulation (Lopid; Pfizer, Freiburg, Germany), as well as fenofibrate, are modulators of P-gp or MRP2 (or both).³⁷⁻⁴⁰ Furthermore, plasma levels of total ezetimibe and therapeutic efficacy are also markedly increased by comedication of cyclosporine (INN, ciclosporin), which is an inhibitor of P-gp and, to a minor extent, of MRP2.^{10,41-44}

Rifampin, cyclosporine, and gemfibrozil are also inhibitors of OATP1B1, an uptake transporter for many drugs and endogenous substances, such as pravastatin, methotrexate, thyroid hormones, and bilirubin glucuronide, which is selectively expressed in the basolateral membrane of human hepatocytes.^{16-19,40,45,46} To our knowledge, no information are available so far on whether ezetimibe and its glucuronide are substrates of hepatic OATPs. Pravastatin and pitavastatin, which are substrates of OATP1B1 in vitro, with demonstrated dependence of their disposition on the *OATP1B1* genotype, lacked a significant influence on the AUC and C_{max} of ezetimibe and its glucuronide in hypercholesterolemic patients.^{28,47-50} Furthermore, the OATP1B1 substrate rosuvastatin did not interact with the disposition of ezetimibe.^{49,51} In our study, however, we cannot exclude that inhibition of hepatic OATPs by rifampin has contributed to the overall changes in ezetimibe disposition and sterol-lowering effect.

In conclusion, single-dose coadministration of rifampin increases maximum serum concentrations of ezetimibe but reduces its enterosystemic recycling, most likely by inhibition of the secretion of the parent drug and its glucuronide via P-gp and MRP2.

We thank Hannelore Kreher, Sabine Bade, Gitta Schumacher, and Anja Kerksiek for excellent technical assistance.

The authors have no conflict of interest.

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