Fenticonazole: provides rapid relief from symptoms of vulvovaginal candidiasis and is as effective as miconazole

In a double-blind study, 30 patients with acute or recurrent vulvovaginal candidiasis were randomly allocated to ≤ 4 weeks' treatment with either miconazole (n = 15) or the dermatological antifungal fenticonazole [Rec-15/1476; Rec-15/1476B; Recordati] (n = 15).

Within 3 weeks of starting treatment, all 15 fenticonazole-treated patients were cured compared with 9 miconazole-treated patients. By the end of the trial 27 patients were cured but 3 patients from the miconazole group showed only moderate improvement. Overall, patients treated with fenticonazole experienced a more rapid relief from symptoms. There were no side effects reported in either treatment group.

Gastaldi, A.: Current Therapeutic Research 36: 489-493 (Sep 1985)