

# Inosine Pranobex for Multiple Sclerosis?

## Mean annual relapse rates are reduced in this small study

25 patients with multiple sclerosis (MS) were given oral inosine pranobex 100 mg/kg/day for 10 days, then nothing for 10 days, alternating for 24 months.

The frequency of bouts of MS decreased in 22 patients. Neurological status was measured in a 10-step Disability Status Scale (DSS) and this also showed an improvement (mean DSS before vs after 6 months of inosine pranobex 2.9 vs 2.6). The need for corticosteroid therapy by patients was observed to decrease.

***'Results of our study demonstrate that methisoprinol [inosine pranobex] therapy produces an improvement of the clinical course in patients affected by remittent MS.'***

Callagrone C, Carlesimo A. Acta Neurologica Scandinavica 74: 293-296, 1986