

Comparison of haemodynamic effects of nifedipine and molsidomine in patients with coronary artery disease

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Summary. The haemodynamic effects of oral nifedipine 20 mg and molsidomine 4 mg were compared in 24 patients with coronary artery disease.

Molsidomine unlike nifedipine caused a significant fall in mean pulmonary artery pressure and left ventricular end-diastolic pressure. Both drugs caused a significant and comparable reduction in systolic and diastolic blood pressure. Although only nifedipine significantly reduced systemic vascular resistance the difference between the drugs was not significant. The heart rate was significantly increased by nifedipine but not by molsidomine. The ejection phase indices were all increased by molsidomine and the increment in the mean normalized systolic ejection rate was significantly greater than that due to nifedipine. The left ventricular end-systolic volume index decreased significantly after molsidomine but not nifedipine.

Neither drug significantly affected left ventricular end diastolic volume index, stroke volume index, maximal rate of rise of left ventricular pressure or left ventricular stroke work index.

Key words: nifedipine, molsidomine, ischaemic heart disease; vasodilators, haemodynamic-/cardiac effects

The ability of nifedipine to block calcium influx into vascular smooth muscle cells results in peripheral and coronary vasodilatation [1, 2]. The active metabolite of molsidomine SIN 1A [3], formed in the liver, carries an N-terminal nitrosogroup characteristic of nitrovasodilators, such as nitroprusside [4]. SIN 1A causes vasodilatation by direct stimulation of intracellular guanylate cyclase activity, which increases intracellular cyclic guanosine monophosphate and initiates relaxation, most probably by increasing calcium extrusion from the cell [3, 4]. Both nifedipine and molsidomine are orally effective, long-acting vasodilators with pronounced actions on

the peripheral circulation, and they are clinically effective in the treatment of angina pectoris [5–10] and left ventricular failure [10–13].

The present single dose study was undertaken to detailed compare the haemodynamic effects of clinically equivalent doses of each drug in patients with coronary artery disease.

Materials and methods

Patients

Twenty-four patients, 18 men and 6 women, were studied during routine cardiac catheterization for investigation of ischaemic heart disease. Their ages ranged from 41 to 69 (mean 58 (10) years).

The inclusion criteria for the study were the presence of significant coronary artery disease, with a more than 75% occlusion of at least one coronary artery, a left ventricular ejection fraction greater than 40%, and left-ventricular end-diastolic pressure greater than 15 mm Hg. Patients with a history of myocardial infarction in the previous 3 months, cardiomyopathy or rheumatic or congenital heart disease were excluded. Cardioactive drugs, with the exception of short-acting nitrates, were discontinued 2 days before the study. Informed consent was obtained from all patients.

Protocol

Cardiac catheterization was performed in all patients by the percutaneous femoral route. Cournand catheters were used for the right heart and pigtail and Judkins catheters for the left heart. Direct pressure measurements (mm Hg) included right atrial, pulmonary arterial and pulmonary capillary wedge mean pressures and aortic systolic, diastolic and mean pressures. Maximal rate of rise of left ventricular pressure mm Hg/s was determined by electronic differentiation of the left ventricular pressure signal. Heart rate was recorded continuously by an ECG monitor. After making the haemodynamic measurements selective coronary arteriography and left ventriculography were performed. Left ventriculography was performed in the 30-degree right anterior oblique position by injection of 76% Renografin 45 ml at 12 ml/s.

Twenty minutes after completion of ventriculography alternate patients were given molsidomine 4 mg or nifedipine 20 mg p.o. Thirty min later the haemodynamic measurements and left ventriculography were repeated.

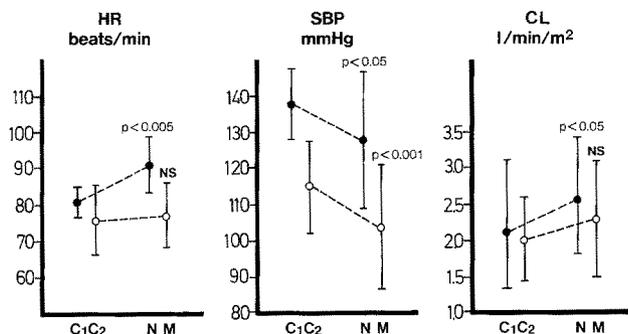


Fig. 1. Effects of nifedipine (N) and molsidomine (M) on heart rate (HR), systolic blood pressure (SBP) and cardiac index (CI). C₁ = control before nifedipine, C₂ = control before molsidomine

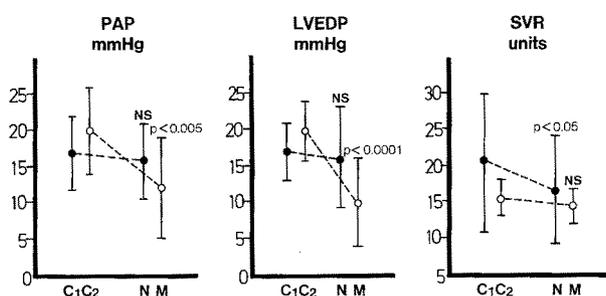


Fig. 2. Effects of nifedipine (N) and molsidomine (M) on mean pulmonary artery pressure (PAP), left ventricular end-diastolic pressure (LVEDP) and systemic vascular resistance (SVR). C₁ = control before nifedipine, C₂ = control before molsidomine

Haemodynamic indices

Left ventricular volume was calculated by the single-plane area length method. Volume indices were obtained by dividing the volume by the body surface area.

Left ventricular ejection fraction

$$= \frac{\text{left ventric. end-diastol. volume} - \text{left ventric. end-systol. volume} \times 100}{\text{left ventricular end-diastolic volume}}$$

Mean velocity of circumferential fibre shortening

$$= \frac{\text{end-diastolic circumference} - \text{end-systolic circumference}}{\text{end-diastolic circumference} \times \text{systolic ejection time}}$$

Mean normalized systolic ejection rate

$$= \frac{\text{Stroke volume}}{\text{Systolic left ventric. ejection time} \times \text{left ventric. end-diastolic volume}}$$

Cardiac output was calculated by the Fick method. Cardiac index = cardiac output divided by the body surface area. Stroke volume index = cardiac index divided by the heart rate. Systemic vascular resistance = mean arterial pressure minus right atrial pressure divided by the cardiac output.

Left ventricular stroke work index = Stroke volume index multiplied by mean arterial blood pressure minus left ventricular end-diastolic pressure multiplied by 0.0136.

Paired patient data were analyzed by Student's *t*-test for paired samples. The control data and the percent change from control for each drug were compared using the unpaired Student's *t*-test.

Results

Effects of nifedipine

The data are summarized in Table 1 and Figs. 1–3 as mean (standard deviation). Oral nifedipine 20 mg was followed by a significant fall in aortic pressure and systemic vascular resistance and an increase in heart rate and cardiac index. Systolic blood pressure fell from the control value of 138 (10) to 128 (19) mmHg ($p < 0.05$), diastolic blood pressure fell from 76 (9) to 69 (8) mmHg ($p < 0.01$) and systemic vascular resistance fell from 21.2 (9.4) to 16.9 (7.5) units ($p < 0.05$). Heart rate increased from 81 (4) to 91 (7) beats \cdot min⁻¹ ($p < 0.005$) and the cardiac index was increased from 2.2 (0.9) to 2.6 (0.8) l \cdot min⁻¹ \cdot m⁻² ($p < 0.05$).

Ejection phase indices all increased following nifedipine. Left ventricular ejection fraction increased from 51.9 (6.5) to 56.2 (12.1)% (NS), mean velocity of circumferential fibre shortening increased from 0.9 (0.2) to 1.2 (0.4) circ/s ($p < 0.01$) and mean normalized systolic ejection rate increased from 2.0 (0.4) to 2.3 (0.5) s⁻¹ ($p < 0.01$).

There was no significant change in pulmonary artery or wedge pressures, left ventricular pressures or volumes, maximal rate of rise of left ventricular pressure, stroke volume index or left ventricular stroke work index.

Table 1. Haemodynamic effects of nifedipine

| Parameter | Baseline C ₁ | After nifedipine | <i>p</i> |
|---|-------------------------|------------------|----------|
| HR (beats \cdot min ⁻¹) | 81 (4) | 91 (7) | < 0.005 |
| SBP (mm Hg) | 138 (10) | 128 (19) | < 0.05 |
| DBP (mm Hg) | 76 (9) | 69 (8) | < 0.01 |
| LVEDP (mm Hg) | 17 (4) | 16 (7) | NS |
| PAP (mm Hg) | 17 (5) | 16 (5) | NS |
| PCWP (mm Hg) | 18 (6) | 17 (8) | NS |
| dP/dt max. (mm Hg \cdot s ⁻¹) | 1288 (423) | 1293 (395) | NS |
| LVESVI (ml \cdot m ⁻²) | 25.3 (10.9) | 23.9 (15.4) | NS |
| LVEDVI (ml \cdot m ⁻²) | 52.5 (21.1) | 52.3 (19.2) | NS |
| LVEF (%) | 51.9 (6.5) | 56.2 (12.1) | NS |
| Mean Vcf (circ \cdot s ⁻¹) | 0.9 (0.2) | 1.2 (0.4) | < 0.01 |
| MNSER (s ⁻¹) | 2.0 (0.4) | 2.3 (0.5) | < 0.01 |
| CI (l \cdot min ⁻¹ \cdot m ⁻²) | 2.2 (0.9) | 2.6 (0.8) | < 0.05 |
| SVI (ml \cdot m ⁻²) | 27.2 (10.9) | 28.4 (7.7) | NS |
| SVR (units) | 21.2 (9.4) | 16.9 (7.5) | < 0.05 |
| LVSWSI (g \cdot m \cdot m ⁻²) | 32.6 (14) | 31.1 (12.7) | NS |

Abbreviations: HR = Heart rate; SBP = aortic systolic blood pressure; DBP = aortic diastolic blood pressure; LVEDP = left ventricular end-diastolic pressure; PAP = mean pulmonary artery pressure; PCWP = mean pulmonary capillary wedge pressure; dP/dt max = maximal rate of rise of left ventricular pressure; LVESVI = left ventricular end-systolic volume index; LVEDVI = left ventricular end-diastolic volume index; LVEF = left ventricular ejection fraction; mean Vcf = mean velocity of circumferential fiber shortening; MNSER = mean normalised systolic ejection rate; CI = cardiac index; SVI = stroke volume index; SVR = systemic vascular resistance; LVSWSI = left ventricular stroke work index

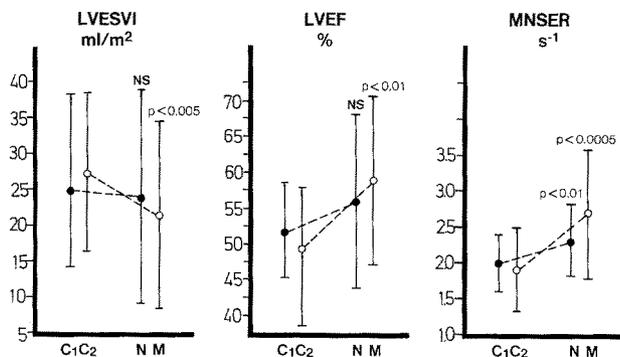


Fig. 3. Effects of nifedipine (N) and molsidomine (M) on left ventricular end-systolic volume index (LVESVI), left ventricular ejection fraction (LVEF) and mean normalized systolic ejection rate (MNSER)

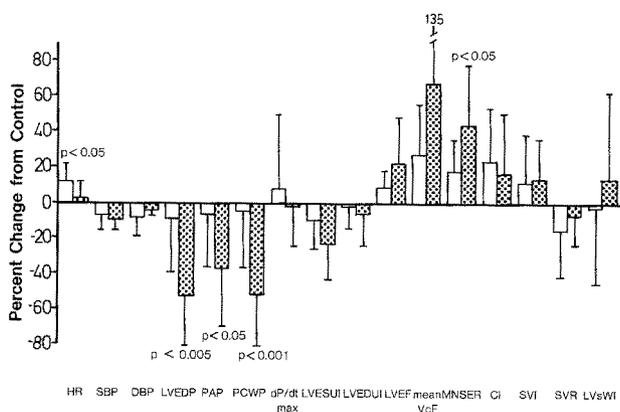


Fig. 4. Comparison of percentage changes from control after nifedipine and molsidomine therapy. □ oral nifedipine; ▨ oral molsidomine

Effects of molsidomine

The data are summarized in Table 2 and Figs. 1–3. Following oral molsidomine 4 mg there was a significant fall in pulmonary artery and wedge pressure, and left ventricular end-diastolic and aortic systolic pressures. Thus, pulmonary artery pressure fell from 20 (6) to 12 (7) mmHg ($p < 0.005$), pulmonary wedge pressure fell from 20 (6) to 10 (7) mmHg ($p < 0.0005$), left ventricular end-diastolic pressure fell from 20 (4) to 10 (6) mmHg ($p < 0.001$) and systolic blood pressure fell from 115 (13) to 104 (17) mmHg ($p < 0.001$). There was a clinically insignificant fall in diastolic blood pressure ($p < 0.01$).

The ejection phase indices were all considerably increased after molsidomine. Left ventricular ejection fraction increased from 50 (11) to 59 (12)% ($p < 0.01$), mean velocity of circumferential fibre shortening increased from 0.9 (0.4) to 1.3 (0.5) circ/s ($p < 0.001$) and mean normalised systolic ejection rate increased from 1.9 (0.6) to 2.7 (0.9) s^{-1} ($p < 0.001$).

There were no significant changes in heart rate, cardiac index, stroke volume index, systemic vascular

resistance, maximal rate of rise of left ventricular pressure or left ventricular stroke work index.

Comparison of the percentage changes from control after nifedipine and molsidomine (Fig. 4)

Although resting systolic blood pressure was higher in the nifedipine C_1 than in the molsidomine controls C_2 ($p < 0.0001$), the percentage reduction in systolic blood pressure from control was comparable with both drugs, viz. 7 (10)% with nifedipine and 10 (8)% with molsidomine (difference not significant (NS)).

There was no statistically significant difference between any of the other resting haemodynamic parameters in C_1 and C_2 . Heart rate, systolic and diastolic blood pressure, left ventricular end-diastolic pressure, pulmonary artery and wedge pressures, dP/dt max, left ventricular end systolic and diastolic volume indices, left ventricular ejection fraction, mean velocity of circumferential fibre shortening, mean normalised systolic ejection rate, cardiac index, stroke volume index, systemic vascular resistance and left ventricular stroke work index were comparable in the 2 groups ($p = NS$). The number and severity of coronary stenoses in C_1 and C_2 were also comparable ($p = NS$) and the ages of the patients were similar ($p = NS$).

Heart rate was increased by 12 (11)% after nifedipine ($p < 0.005$) and by 2 (10)% after molsidomine (NS). The difference in effect on heart rate between the two drugs was significant ($p < 0.05$). Cardiac index increased by 23 (30)% after nifedipine ($p < 0.05$) and by 16 (35)% after molsidomine (NS) and there was no significant difference between the drugs.

Molsidomine caused a fall in pulmonary artery pressure, pulmonary wedge pressure and left ven-

Table 2. Haemodynamic effects of molsidomine

| Parameter | Baseline C_2 | After nifedipine | p |
|---|----------------|------------------|----------|
| HR (beats \cdot min $^{-1}$) | 76 (10) | 77 (9) | NS |
| SBP (mm Hg) | 115 (13) | 104 (17) | < 0.001 |
| DBP (mm Hg) | 70 (8) | 66 (8) | < 0.01 |
| LVEDP (mm Hg) | 20 (4) | 10 (6) | < 0.0001 |
| PAP (mm Hg) | 20 (6) | 12 (7) | < 0.005 |
| PCWP (mm Hg) | 20 (6) | 10 (7) | < 0.0005 |
| dP/dt max. (mm Hg \cdot s $^{-1}$) | 1608 (514) | 1583 (463) | NS |
| LVESVI (ml \cdot m $^{-2}$) | 27.6 (11.1) | 21.6 (12.9) | < 0.005 |
| LVEDVI (ml \cdot m $^{-2}$) | 54.1 (14.2) | 51.2 (20.2) | NS |
| LVEF (%) | 49.6 (10.9) | 59.0 (11.8) | < 0.01 |
| Mean VcF (circ \cdot s $^{-1}$) | 0.9 (0.4) | 1.3 (0.5) | < 0.001 |
| MNSER (s $^{-1}$) | 1.9 (0.6) | 2.7 (0.9) | < 0.0005 |
| CI (l \cdot min $^{-1}$ \cdot m $^{-2}$) | 2.0 (0.6) | 2.3 (0.8) | NS |
| SVI (ml \cdot m $^{-2}$) | 26.4 (6.8) | 29.5 (10.2) | NS |
| SVR (units) | 15.8 (2.6) | 14.6 (2.6) | NS |
| LVS WI (g \cdot m \cdot m $^{-2}$) | 30.9 (10.9) | 33.9 (15.4) | NS |

Abbreviations as in Table 1

tricular end-diastolic pressure of 37 (33%) ($p < 0.005$), 52 (29)% ($p < 0.0005$) and 53 (28)% ($p < 0.0001$) respectively. For the same parameters the corresponding figures for nifedipine were only 7 (29)% (NS), 5 (32)% (NS) and 9 (30)% (NS).

Thus, molsidomine caused a significantly greater reduction of pulmonary artery pressure ($p < 0.05$), pulmonary wedge pressure ($p < 0.001$) and left ventricular end-diastolic pressure ($p < 0.005$) than nifedipine.

Although nifedipine produced a greater reduction in diastolic blood pressure than molsidomine, 9 (10)% ($p < 0.01$) compared to 4 (4)% ($p < 0.01$) the difference between the 2 drugs was not significant. Systemic vascular resistance was reduced by 16 (26)% by nifedipine ($p < 0.05$) and by only 7 (17)% with molsidomine (NS), but the difference between the two drugs was not significant. Left ventricular end-systolic volume index was reduced by 24 (20)% with molsidomine ($p < 0.005$) compared to only 10 (17)% with nifedipine (NS) but the difference was not significant.

Molsidomine caused large increases in the ejection phase indices. After molsidomine there were increments in left ventricular ejection fraction, mean velocity of circumferential fibre shortening and mean normalised systolic ejection rate of 22 (26)% ($p < 0.01$), 67 (68)% ($p < 0.001$) and 44 (35)% ($p < 0.0005$), respectively, whereas nifedipine caused corresponding increments of only 8 (16)% (NS), 27 (29)% ($p < 0.01$) and 17 (19)% ($p < 0.01$). Only the difference between the two drugs in mean normalised systolic ejection rate reached significance ($p < 0.05$).

Neither drug significantly affected left ventricular end-diastolic volume index, stroke volume index, maximal rate of rise of left ventricular pressure or left ventricular stroke work index, and there was no significant difference between the drugs in any of these parameters.

Discussion

The present results are in agreement with non-comparative data in the literature about the haemodynamic effects of nifedipine and molsidomine [14–25].

As expected, molsidomine significantly reduced preload, whereas nifedipine caused only a small and insignificant reduction in the pulmonary artery and left ventricular end-diastolic pressures. Molsidomine caused a significantly greater reduction in mean pulmonary artery pressure ($p < 0.05$) and left ventricular end-diastolic pressure ($p < 0.005$) than nifedipine.

Surprisingly, the present study did not demonstrate any significant difference between the effects of

nifedipine and molsidomine on afterload. Since molsidomine is known to act predominantly as a venodilator, and to have less effect on arterioles [24, 25], it was anticipated that nifedipine would cause a significantly greater reduction of afterload than molsidomine. In the present study, however, both drugs caused a significant and comparable percentage reduction in the systolic and diastolic blood pressures. Systemic vascular resistance did fall significantly after nifedipine ($p < 0.05$) but not molsidomine, but no statistically significant difference between the 2 drugs was demonstrated. This may be associated with the inequality of the resting systolic blood pressures in the nifedipine control group and the molsidomine control group.

The reduction in afterload due to nifedipine, unlike that with molsidomine, was not accompanied by any concomitant reduction in the elevated left ventricular filling pressure. This could potentially lead to a reduction in coronary perfusion [26]. The associated tachycardia (not seen with molsidomine, difference between drugs $p < 0.05$) might contribute to ischaemia, and also by increasing myocardial energy consumption it might aggravate the impaired ventricular pump function.

These potentially deleterious effects of nifedipine might account for some of the adverse responses reported in angina pectoris [27–29] and left ventricular failure [30–32]. There might also be a coronary-steal phenomenon. Nifedipine increases coronary flow by reducing coronary arteriolar resistance and there are varying reports in the literature about whether it dilates [32, 33] or even constricts [29] coronary epicardial vessels and stenoses.

There is at present no account of the effects of oral molsidomine on coronary blood flow in man. Intracoronary injection of SIN 1 in patients with coronary artery disease is followed by vasodilatation of epicardial coronary arteries and stenoses [34, 35] but not of coronary arterioles.

In the present study symptomatic ischaemia was not observed in any patients either after molsidomine or nifedipine.

Molsidomine unlike nifedipine increased the left ventricular ejection fraction and increased all the ejection phase indices more than nifedipine, significantly for the mean normalised systolic ejection rate ($p < 0.05$). Unlike nifedipine, molsidomine significantly reduced left ventricular size, but no significant difference between the two drugs was demonstrated. Neither drug significantly affected contractility.

In conclusion, molsidomine appears to have a similar effect to nifedipine on left ventricular performance with fewer potentially disadvantageous haemodynamic effects. Its influence on coronary blood flow in man and its value in clinical practice remain to be clarified.

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