

therapy

NIFURATEL: A POSSIBLE CHOICE FOR CANDIDAL URINARY TRACT INFECTION

Three patients with indwelling urethral catheters were successfully treated with oral nifuratel (a nitrofurantoin antimicrobial agent active against yeasts, trichomonas and urinary bacterial pathogens) for candidal urinary tract infection following broad spectrum antibiotics, notably ampicillin. The *C. stellatoidea* infection in a 77-year-old man did not respond to nifuratel 200mg tid but was cleared by 400mg tid for 7 days. The *C. tropicalis* infection in a 58-year-old woman was eradicated by 200mg tid for 7 days, but the *C. albicans* infection in a 66-year-old man required two 7-day courses of 400mg tid; but he was then reinfected with the more resistant *C. stellatoidea*.

Grüneberg, R.N. and Leakey, A.: British Medical Journal 2: 908 (16 Oct 1976)