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Platinum Priority

Reply from Authors re: Giuseppe Morgia. Does the Use of Silodosin to Treat Benign Prostatic Hyperplasia Really Offer Something New? *Eur Urol* 2011;59:353–5

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As co-authors of the article published in the current issue of *European Urology* [1] reporting the results of the randomised, multicentre, double-blind study in Europe comparing silodosin with placebo and tamsulosin in patients with lower urinary tract symptoms (LUTS) due to benign prostatic hyperplasia (BPH), we have read with great interest the comments by Professor Morgia [2]. The key issue is that it would appear that despite much higher selectivity for silodosin over tamsulosin, we have reached the top of the dose response curve and it does not seem possible with an α -blocker to achieve a greater effect than that with the existing selective α -1a antagonist.

Post hoc analyses suggest that there may be differences in certain subgroups of patients in favour of silodosin, but clearly one should be aware of the methodological limitations of these analyses [3]. Failure of ejaculation does occur and is a consequence of the high selectivity of the compound. It is interesting to note that although failure of ejaculation was reported by quite a number of patients treated with silodosin, only a small minority eventually dropped out of treatment; this may be correlated to the fact

that ejaculatory abnormalities per se are quite common in patients with BPH and related LUTS [4]. In addition, it is interesting to note that recent evidence suggests that patients experiencing ejaculatory abnormalities are those who enjoy the best effects on LUTS [5].

The most important feature of this compound is that as a consequence of the high selectivity for α -1a receptors, there is a much lower likelihood of cardiovascular side effects. This is particularly relevant with an ageing population, a significant proportion of which takes cardioactive medication, whether phosphodiesterase inhibitors or antihypertensives [6].

We feel that there is no ground on which to define a particular α -1 blocker as first-line or second-line treatment for patients with LUTS due to BPH. Every practising physician must know in detail the pharmacologic features of all available compounds and tailor the treatment to the patient's profile and needs.

Conflicts of interest: The authors have nothing to disclose.

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