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ensure the best visual outcome for the patient. Diagnosis, and proper referral by optometric physicians will are improving. Awareness of new treatments, immediate di-

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eye. After confirmation from a retinal specialist, the patient received Avastin treatment returning his vision to 20/40 OD within 6 months of initial presentation.

Conclusion: In the past, vision prognosis after a vein and/or artery occlusion was guarded to poor. With the introduction of anti-VEGF injectables, such as Avastin, visual outcomes are improving. Awareness of new treatments, immediate diagnosis, and proper referral by optometric physicians will ensure the best visual outcome for the patient.

Poster 40
Cross-Over Evaluation of Blink Tears Versus Systane Ultra in Mild Dry Eye Patients

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Background: The purpose of this study was to evaluate the efficacy of Blink Tears versus Systane Ultra for the treatment of mild dry eye signs and symptoms.

Methods: This was a randomized, investigator-masked crossover evaluation of 40 patients (80 eyes). Included patients were those with mild dry eye symptoms per patient reporting/physician assessment and were not currently using any artificial tears regularly or using low viscosity tears for symptom relief (Refresh Tears, Visine Tears, Tears Naturelle, etc.). Patients were randomly assigned to instill either Blink Tears or Systane Ultra in each eye 4 times daily for 1 month. Patients were crossed over after 1 month to the other drug. Study visits were at baseline, month 1, and month 2. Outcome measures included TBUT, VA, and lissamine green staining, and patients completed a dry eye questionnaire.

Results: Blink Tears significantly improved TBUT after 1 month of treatment (increase of 2.4 seconds, \( P=0.003 \)), while there was no significant improvement with Systane Ultra (increase of 0.3 seconds, \( P=0.320 \)). No significant changes were noted for staining or visual acuity. Patients reported that Blink was more soothing, improved vision, was less blurring, and was more comfortable than Systane Ultra (\( P<0.043 \)).

Conclusion: Blink Tears improved TBUT and the symptoms of dry eye significantly better than Systane Ultra. Patients preferred Blink Tears.

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